

Cape Challenge 5K & Mile  
Cape Elizabeth, Maine Sunday, June 5, 2022  
Proceeds to benefit

CE High School, Middle School and Pond Cove Parents Associations  
Timing, Registration, & Finish Line Management by Run In A Race, LLC  
question@RunInARace.com 207-232-8394 RunInARace.com

5K Age Group Results

5K Top Female Overall

Place	Bib #	Name	Finish	Pace	Age	City
1	359	Joan BenoitSamuelson	20:50.12	6:43	65	Freeport

5K Top Male Overall

Place	Bib #	Name	Finish	Pace	Age	City
1	297	Ricky Perruzzi	16:55.12	5:27	19	Cape Elizabeth

Male 6 and under

Place	Bib #	Name	Finish	Pace	Age	City
1	358	Ryan McCalmon	25:05.44	8:05	4	Cape Elizabeth

Male 7 - 8

Place	Bib #	Name	Finish	Pace	Age	City
1	356	Aaron McCalmon	25:01.33	8:04	8	Cape Elizabeth

Female 7 - 8

Place	Bib #	Name	Finish	Pace	Age	City
1	245	Willow Foure	30:21.07	9:47	8	Cape Elizabeth

Male 9 - 10

Place	Bib #	Name	Finish	Pace	Age	City
1	278	Jonah Magnuson	20:21.16	6:34	10	Falmouth

Female 9 - 10

Place	Bib #	Name	Finish	Pace	Age	City
1	217	Anna Chang	23:49.81	7:41	10	Cape Elizabeth

Male 11 - 12

Place	Bib #	Name	Finish	Pace	Age	City
1	357	Ben McCalmon	22:35.04	7:17	12	Cape Elizabeth
2	224	Farley Craig	24:48.97	8:00	12	Cape Elizabeth
3	322	Carter Washburn	24:49.89	8:00	12	Cape Elizabeth
4	235	Chase DyerPayne	25:16.20	8:09	12	Cape Elizabeth
5	339	Erik Frey	28:59.35	9:21	11	Cape Elizabeth
6	317	Max Tullman	31:55.90	10:18	11	Cape Elizabeth
7	221	Neil Cohen	32:47.99	10:35	12	Cape Elizabeth

## Female 11 - 12

Place	Bib #	Name	Finish	Pace	Age	City
1	239	Ella Fick	23:32.98	7:35	12	Cape Elizabeth
2	254	Eloise Hackett	25:49.68	8:20	11	Cape Elizabeth
3	330	Avery Kleeman	28:54.88	9:19	11	Cape Elizabeth
4	319	Lily Walsh	29:31.46	9:31	11	Cape Elizabeth
5	343	Sadie Raffaele	30:12.58	9:45	11	Cape Elizabeth

## Male 13 - 14

Place	Bib #	Name	Finish	Pace	Age	City
1	318	Miles Vettese	21:18.26	6:52	13	Cape Elizabeth
2	247	Ian Frost	22:07.87	7:08	14	Cape Elizabeth
3	218	Jonah Chang	25:31.78	8:14	13	Cape Elizabeth

## Female 13 - 14

Place	Bib #	Name	Finish	Pace	Age	City
1	336	Lucy Olson	21:59.24	7:05	14	Portland
2	280	Meilan Martinez	26:41.99	8:36	14	Cape Elizabeth
3	281	Shyla McVeigh	26:45.17	8:38	13	Cape Elizabeth
4	210	Ella Boyer	31:51.20	10:16	13	Cape Elizabeth
5	250	Claire Gaudrault	32:19.13	10:25	13	Cape Elizabeth
6	277	Wenshin Lu	32:19.82	10:25	13	Cape Elizabeth
7	320	Liv Walsh	34:52.08	11:15	13	Cape Elizabeth
8	259	Alex Haskell	45:37.29	14:43	14	Cape Elizabeth

## Male 15 - 16

Place	Bib #	Name	Finish	Pace	Age	City
1	276	Wendell Lu	40:10.49	12:57	15	Cape Elizabeth

## Female 15 - 16

Place	Bib #	Name	Finish	Pace	Age	City
1	228	Jane Curtis	24:36.32	7:56	15	Scarborough
2	214	Chloe Briman	33:18.46	10:45	16	Cape Elizabeth

## Female 17 - 18

Place	Bib #	Name	Finish	Pace	Age	City
1	285	Emma Mullen	28:10.11	9:05	18	Cape Elizabeth

## Male 19 - 29

Place	Bib #	Name	Finish	Pace	Age	City
1	260	Nick Heille	20:05.09	6:29	28	Portland
2	315	Sean Thomas	23:13.87	7:29	29	Yarmouth
3	314	Alexander Thomas	24:47.95	8:00	28	Cape Elizabeth
4	354	Kyle Kennedy	27:18.24	8:48	24	Cape Elizabeth
5	233	Mitchell Domagala	30:56.98	9:59	25	Portland
6	310	Ethan Standel	33:18.89	10:45	27	Saco

## Female 19 - 29

Place	Bib #	Name	Finish	Pace	Age	City
1	267	Leland Keller	25:12.13	8:08	21	Cape Elizabeth
2	213	Margaret Brewer	27:53.99	9:00	20	Cape Elizabeth
3	252	Kristina Griffin	40:40.81	13:07	25	Saco

Male 30 - 39

Place	Bib #	Name	Finish	Pace	Age	City
1	231	Jeffrey Davis	19:30.16	6:17	38	Cape Elizabeth
2	341	Jason Kendall	22:00.97	7:06	38	Cape Elizabeth
3	287	Solomon Nkhalamba	23:41.20	7:38	37	Cape Elizabeth
4	340	Scott Mazuzan	25:28.41	8:13	38	Cape Elizabeth
5	350	Angel Coldero	26:33.25	8:34	36	Cape Elizabeth
6	334	Simon Rios	28:42.57	9:15	30	Cape Elizabeth
7	331	Donnie Nelson	31:40.39	10:13	31	Portland

Female 30 - 39

Place	Bib #	Name	Finish	Pace	Age	City
1	232	Kendra Davis	23:49.23	7:41	37	Cape Elizabeth
2	299	Eliza Rauscher	26:55.77	8:41	37	Cape Elizabeth
3	244	Laura Fourre	30:40.33	9:54	38	Cape Elizabeth
4	328	Sarah GreeneMoran	33:08.34	10:41	37	Cape Elizabeth
5	215	Chloe Byruck	35:27.68	11:26	37	Cape Elizabeth

Male 40 - 49

Place	Bib #	Name	Finish	Pace	Age	City
1	229	Michael Cwiklinski	19:36.88	6:19	45	Cape Elizabeth
2	327	Garth Altenburg	20:37.17	6:39	49	Cape Elizabeth
3	326	Michael Young	21:20.56	6:53	43	Cape Elizabeth
4	273	Andy Libscomb	21:25.15	6:55	47	Cape Elizabeth
5	337	Rob Olson	21:45.57	7:01	43	Portland
6	298	Orion Poulin	22:08.19	7:08	43	Cape Elizabeth
7	255	Tarek Hammour	24:40.71	7:57	43	Cape Elizabeth
8	316	Marc Tinkler	25:54.54	8:21	49	Cape Elizabeth
9	333	David McVeigh	26:46.56	8:38	49	Cape Elizabeth
10	305	Jonathan Sahrbeck	27:10.34	8:46	42	Cape Elizabeth
11	219	Jonathan Chang	28:14.28	9:06	44	Cape Elizabeth
12	304	Andrew Rogers	28:21.12	9:09	43	Cape Elizabeth
13	256	Gabriel Harper	29:37.11	9:33	42	Falmouth
14	284	Chris Mullen	29:54.59	9:39	46	Cape Elizabeth
15	249	Jamie Garvin	30:53.98	9:58	46	Cape Elizabeth
16	208	Mark Boyer	31:55.97	10:18	47	Cape Elizabeth
17	279	Andres Martinez	34:19.23	11:04	47	Cape Elizabeth
18	288	Sean Odonnell	36:47.70	11:52	44	Cape Elizabeth

Female 40 - 49

Place	Bib #	Name	Finish	Pace	Age	City
1	335	Sarah Plummer	21:40.04	6:59	43	Gorham
2	274	Jessica Little	22:41.92	7:19	42	Cape Elizabeth
3	201	Margaret Angell	23:33.33	7:36	45	Cape Elizabeth
4	272	Neeburbunn Lewis	26:52.64	8:40	44	Cape Elizabeth

5	312	Jana Tarpinian	27:01.63	8:43	42	Cape Elizabeth
6	230	Christie Davis	27:05.45	8:44	47	Cape Elizabeth
7	251	Carrie Gilbert	27:29.54	8:52	47	Cape Elizabeth
8	220	Katie Cohen	27:33.97	8:53	43	Cape Elizabeth
9	212	Elizabeth Brewer	27:54.10	9:00	44	Cape Elizabeth
10	275	Na Liu	28:12.17	9:06	48	Cape Elizabeth
11	302	Katy Rockefeller	28:53.57	9:19	40	Cape Elizabeth
12	303	Megan Rogers	29:11.17	9:25	42	Cape Elizabeth
13	236	Kate Emmerich	29:12.38	9:25	40	South Portland
14	324	Devon Wood	29:52.44	9:38	43	Cape Elizabeth
15	342	Amy Chang	31:12.54	10:04	44	Cape Elizabeth
16	209	Michelle Boyer	31:55.50	10:18	42	Cape Elizabeth
17	313	Paige Teller	31:56.54	10:18	46	Cape Elizabeth
18	307	Jillian SmithGilman	32:20.17	10:26	42	Cape Elizabeth
19	225	Gretchen Cullenberg	33:01.75	10:39	45	Cape Elizabeth
20	237	Terri Febbraro	33:29.20	10:48	45	Cape Elizabeth
21	262	Karen Jackson	36:20.24	11:43	40	Cape Elizabeth
22	241	Brianne Fisher	36:55.21	11:55	43	Cape Elizabeth
23	257	Dori Hart	37:22.38	12:03	44	Cape Elizabeth
24	216	Leakana Chan	37:36.97	12:08	41	Falmouth
25	258	Sarah Haskell	45:38.39	14:43	41	Cape Elizabeth

Male 50 - 59

Place	Bib #	Name	Finish	Pace	Age	City
1	264	David Kane	20:51.91	6:44	52	Cape Elizabeth
2	351	Michael Friedland	21:07.18	6:49	50	South Portland
3	332	Phil Coupe	23:37.32	7:37	54	Cape Elizabeth
4	243	Dana Foote	23:48.03	7:41	57	Cape Elizabeth
5	329	Kenny Moon	23:48.35	7:41	52	Cape Elizabeth
6	352	Mark Hare	24:02.64	7:45	56	Cape Elizabeth
7	323	Chris Whitney	24:31.47	7:55	54	Cape Elizabeth
8	308	Jim Sparks	25:03.54	8:05	59	Cape Elizabeth
9	234	Reed Dyer	25:16.47	8:09	50	Cape Elizabeth
10	202	Bob Barton	25:33.93	8:15	53	Cape Elizabeth
11	311	Doug Strout	25:41.79	8:17	57	Cape Elizabeth
12	207	Daniel Bodenski	25:55.37	8:22	58	Cape Elizabeth
13	246	Rufus Frost	26:15.48	8:28	51	Cape Elizabeth
14	296	Tyler Patterson	27:16.21	8:48	50	Cape Elizabeth
15	360	Jeff Berman	27:37.08	8:55	51	Cape Elizabeth
16	268	Peter Kelley	27:58.25	9:01	52	Cape Elizabeth
17	265	Lathrop Keller	28:26.10	9:10	51	Cape Elizabeth
18	227	Robert Curtis	29:59.40	9:40	58	Scarborough
19	347	Bob Abrahamseen	30:15.46	9:45	52	Cape Elizabeth
20	321	Philip Walsh	34:53.15	11:15	50	Cape Elizabeth

Female 50 - 59

Place	Bib #	Name	Finish	Pace	Age	City
1	344	Tracy Sesselberg	26:58.86	8:42	51	Cape Elizabeth
2	306	HeidiAnne Shephard	27:05.50	8:44	51	Cape Elizabeth
3	261	Carol Hubbard	28:35.18	9:13	58	Cape Elizabeth
4	263	Gretchen Johnson	28:48.52	9:17	50	Cape Elizabeth
5	301	Katie Reeves	35:16.18	11:23	53	Cape Elizabeth
6	353	Vicki Kennedy	35:27.02	11:26	54	Cape Elizabeth

7	282	Irene Moon	36:29.66	11:46	54	Cape Elizabeth
8	266	Whitney Keller	36:29.78	11:46	50	Cape Elizabeth

Male 60 - 69

Place	Bib #	Name	Finish	Pace	Age	City
1	355	Henry Barksdale	23:42.59	7:39	68	Cape Elizabeth
2	270	Adrian Kurre	24:06.21	7:46	65	Cape Elizabeth
3	300	Bruce Rayner	26:14.47	8:28	65	Cape Elizabeth
4	203	Joel Bassett	27:40.47	8:55	60	Cape Elizabeth

Female 60 - 69

Place	Bib #	Name	Finish	Pace	Age	City
1	338	Susan Gillis	33:57.56	10:57	62	South Portland