

Deputy Dennis P. Sampson 5K Walk/Run  
Sunday, September 19, 2021 at 8:30 a.m.

Poland Spring Resort, 640 Maine St, Poland Springs, ME

Proceeds will go toward a scholarship fund for Poland Regional High School students  
going into the field in which students are helping others

Timing, Registration, & Finish Line Management by Run In A Race, LLC  
question@RunInARace.com 207-232-8394 RunInARace.com

Overall Results

Place	Bib #	Name	Finish	Pace	Age	Gender	City
1	91	Ian Crouch	18:31.73	5:58	37	M	Portland
2	254	Brent Underkoffler	19:01.76	6:08	31	M	Lewiston
3	246	Nolan Garey	19:34.82	6:19	16	M	Auburn
4	232	Erik Martin	20:10.11	6:30	41	M	Naples
5	210	Mathew Walker	20:16.06	6:32	19	M	Poland
6	184	Joseph Ringuette	20:16.97	6:32	18	M	Mechanic Falls
7	224	Johnny Bsullak	21:04.91	6:48	14	M	Poland
8	145	Laurie Gaudreau	21:17.17	6:52	52	F	Springvale
9	243	Debra Morin-Ouellett	22:33.78	7:16	52	F	Poland
10	247	Nick Garey	22:40.97	7:19	16	M	Minot
11	238	Nicholas Cole	22:41.70	7:19	36	M	Freeport
12	176	Natasha Leighton	23:24.76	7:33	47	F	Poland
13	235	Mitchell Bean	23:30.03	7:35	17	M	Minot
14	196	Patrick Shrader	23:39.55	7:38	54	M	Poland
15	236	Abby Bsullak	23:49.72	7:41	16	F	Poland
16	227	Kayleigh Shrader	23:50.39	7:41	31	F	Kennebunk
17	208	Joshua Varney	23:50.76	7:41	10	M	Poland
18	8	Isaak Anokye	23:57.12	7:44	10	M	Hebron
19	207	Christopher Varney	24:03.84	7:45	45	M	Poland
20	155	Jeffrey Howe	24:07.72	7:47	42	M	Minot
21	239	Tom Printup	24:10.75	7:48	36	M	Poland
22	248	Whitney Casavina	24:15.00	7:49	31	F	Poland

23	100	Charles Foley	24:52.61	8:01	59	M	Poland
24	221	Amanda Mitchell	24:53.22	8:02	40	F	Poland
25	225	Diana Drown	25:26.94	8:12	38	F	Winthrop
26	249	Sean Shanahan	25:33.74	8:15	21	M	Poland
27	177	Cameron Lemieux	25:36.45	8:15	14	M	Minot
28	205	Sarah Turgeon	25:36.74	8:15	34	F	Poland
29	185	Trevor Robbins	25:43.55	8:18	17	M	Poland
30	90	Mark Cornelio	25:45.29	8:18	58	M	Auburn
31	218	Andrew Nadeau	25:50.69	8:20	15	M	Poland
32	228	Grace Drown	25:52.74	8:21	13	F	Winthrop
33	157	Sam Howe	25:55.39	8:22	14	M	Minot
34	50	Tammie Bouchard	26:03.73	8:24	50	F	Poland
35	261	Miranda Richardson	26:08.31	8:26	38	F	Gorham
36	199	Samuel Stone	26:20.90	8:30	21	M	Greenwood
37	89	Nicole Cooper	26:33.90	8:34	44	F	Poland
38	48	Bill Bouchard	26:39.16	8:36	46	M	Poland
39	188	Jeremy Sampson	26:44.62	8:37	24	M	Poland
40	226	Christiana Jarvis	27:36.16	8:54	12	F	Woolwich
41	160	Nicholas Jamo	27:44.21	8:57	13	M	Minot
42	219	Thomas Mannett	27:45.62	8:57	13	M	Poland
43	262	Alicen Books	28:07.51	9:04	25	F	Gorham
44	211	Nancy Walker	28:14.08	9:06	55	F	Poland
45	259	Craig Fifield	28:23.21	9:09	47	M	Poland
46	192	Emma Scribner	28:47.94	9:17	13	F	Naples
47	231	Vickie Lamontagne	28:50.55	9:18	58	F	Portland
48	198	Aiden Stimpson	28:53.14	9:19	11	M	Mechanic Falls
49	200	Matt Sullivan	28:53.75	9:19	36	M	Poland

50	257	Ethan Castenguay	29:10.04	9:25	13	M	Poland
51	216	Matthew Noyes	29:10.18	9:25	40	M	Poland
52	115	Chris Fox	29:21.53	9:28	39	M	Mechanic Falls
53	237	Regan Wakem	29:33.81	9:32	12	F	Poland
54	244	Lindsay Cook	29:49.14	9:37	21	F	Poland
55	88	Tim Cook	29:49.41	9:37	57	M	Poland
56	250	Beth Asselin	29:49.81	9:37	57	F	Hebron
57	245	Angela LaFrinea	29:52.64	9:38	45	F	Minot
58	242	Corey Sampson	30:01.81	9:41	40	M	Durham
59	33	Casey Barnett	30:07.34	9:43	32	F	Mechanic Falls
60	217	Alice Ruvane	30:10.30	9:44	57	F	Raymond
61	156	Jennifer Howe	30:10.61	9:44	39	F	Minot
62	102	Sheila Foley	30:11.78	9:44	41	F	Poland
63	212	Kyle Weisman	31:13.16	10:04	26	M	Fort Myers FL
64	209	Ervin Walker	31:22.07	10:07	62	M	Poland
65	168	Thomas Kuklinski	31:26.91	10:08	51	M	Mechanic Falls
66	169	Tracy Kuklinski	31:26.97	10:08	51	F	Mechanic Falls
67	87	Kristen Cobb	33:10.06	10:42	46	F	Poland
68	41	Jill Beaucage	33:10.35	10:42	47	F	Poland
69	190	Eric Samson	33:13.03	10:43	49	M	Auburn
70	230	Greg Gaudreau	33:19.04	10:45	58	M	Springvale
71	240	Heather Printup	33:20.21	10:45	39	F	Poland
72	233	Ashley Martin	34:37.60	11:10	3	F	Naples
73	80	Christopher Carter	35:13.84	11:22	14	M	Mechanic Falls
74	108	Brenden Fox	35:15.70	11:22	14	M	Mechanic Falls
75	166	Ryan Kelly	36:18.57	11:43	13	M	Poland
76	159	Ed Hughes	36:54.97	11:54	66	M	Poland
77	214	Justin Woodbury	37:28.24	12:05	33	M	Poland

78	213	Brycen Woodbury	37:31.23	12:06	9	M	Poland
79	191	Carly Scribner	37:53.65	12:13	16	F	Naples
80	194	Olivia Scribner	37:54.28	12:14	12	F	Naples
81	158	Sarah Hubert	38:30.22	12:25	43	F	Pittston
82	263	Tamara English	38:34.16	12:26	51	F	Poland
83	264	Steve English	38:34.89	12:26	50	M	Poland
84	95	Edward Doane	38:37.68	12:27	63	M	Poland
85	202	Danielle Tarantino	38:42.26	12:29	10	F	Mechanic Falls
86	65	Alyvia Bryant	38:42.44	12:29	10	F	Mechanic Falls
87	150	Kylee Hayes	38:46.23	12:30	10	F	Mechanic Falls
88	258	Christine Fifield	38:56.11	12:34	51	F	Poland
89	183	Tate Ray	38:59.58	12:35	21	M	Auburn
90	215	Kristina Worden	39:32.25	12:45	50	F	Minot
91	234	Kimberly Sampson	41:05.61	13:15	42	F	Portland
92	170	Adrienne Lasky	41:32.30	13:24	76	F	Poland Spring
93	171	Marc Lasky	41:32.33	13:24	76	M	Poland Spring
94	193	Nanette Scribner	41:35.85	13:25	51	F	Naples
95	223	Callie Bailey	41:47.11	13:29	7	F	Poland
96	222	Tim Brienza	41:47.41	13:29	18	M	Poland
97	197	Isla Southwick	42:25.17	13:41	9	F	Minot
98	201	Erica Swenson	42:25.49	13:41	43	F	Minot
99	13	Travis Bachelder	43:10.29	13:55	36	M	Poland
100	82	Jonah Case	43:10.49	13:55	6	M	Poland
101	154	Daniel Howe	43:14.56	13:57	10	M	Minot
102	144	Sadie Fox	44:10.23	14:15	8	F	Poland
103	76	Mary Bunnell	44:18.65	14:17	56	F	Auburn
104	67	Ashtyn Bryant	44:25.90	14:20	7	F	Mechanic Falls

105	143	Nicole Fox	44:27.02	14:20	41	F	Poland
106	151	Meagan Hayes	44:38.77	14:24	31	F	Mechanic Falls
107	69	Nicole Bryant	44:40.64	14:25	37	F	Mechanic Falls
108	99	Rebecca Ducharme	44:44.29	14:26	30	F	Lewiston
109	229	Jackson Garcia	44:56.36	14:30	10	M	Poland
110	9	Everett Arnold	45:57.01	14:49	1	M	Windham
111	12	Merrick Arnold	45:57.15	14:49	5	M	Windham
112	153	Katie Hodge	45:57.20	14:49	40	F	Windham
113	31	Elsie Banks	47:24.49	15:17	40	F	Auburn
114	81	Hannah Case	47:35.36	15:21	8	F	Poland
115	83	Katie Case	47:36.17	15:21	38	F	Poland
116	52	Jason Briner	47:55.62	15:27	37	M	Auburn
117	55	Shannon Briner	48:01.36	15:29	34	F	Auburn
118	97	Joline Dubuc	48:47.21	15:44	31	F	Lewiston
119	96	Jeremiah Dubuc	48:47.25	15:44	7	M	Lewiston
120	98	Karen Dubuc	48:47.54	15:44	54	F	Lewiston
121	147	Charlotte Googins	49:46.80	16:03	4	F	Oxford
122	148	Isabelle Googins	49:46.86	16:03	9	F	Oxford
123	146	Abby Googins	49:46.87	16:03	34	F	Oxford
124	79	Lynda Carey	50:27.89	16:16	68	F	Poland
125	152	Patricia Hemenway	51:31.08	16:37	53	F	Poland
126	172	Sue Lasselle	51:33.01	16:38	59	F	Poland Spring
127	182	Suzette Moulton	51:34.03	16:38	51	F	Poland
128	179	Chris Mann	51:40.61	16:40	58	M	Brunswick
129	195	Shannon Shanning	51:52.46	16:44	44	F	Poland
130	78	Chris Burnham	51:53.11	16:44	40	M	Lewiston
131	51	Jill Bourgeois	51:53.63	16:44	63	F	Auburn
132	256	John Bsullak	52:13.79	16:51	50	M	Poland

133	255	George Bsullak	52:14.62	16:51	76	M	Poland
134	161	Dale Jewell	56:46.12	18:19	63	M	Poland
135	162	Diane Jewell	56:46.12	18:19	64	F	Poland
136	189	Robert Sampson	56:47.14	18:19	63	M	Queensbury NY
137	203	Barrett Triggiani	59:03.56	19:03	99	M	Durham
138	204	Lexie Triggiani	59:03.68	19:03	99	F	Durham
139	94	Donna DeLong	59:03.76	19:03	64	F	Brunswick
140	174	Kelly Lavallee	1:00:00.12	19:21	44	F	Topsham
141	173	Keith Lavallee	1:00:00.23	19:21	37	M	Topsham
142	241	Rick Sampson	1:00:01.46	19:22	67	M	Lewiston
143	251	Jason Hall	1:00:01.51	19:22	55	M	Lewiston
144	252	Jonathan Hall	1:00:01.53	19:22	53	M	Buckfield
145	149	Jessica Grant	1:00:02.16	19:22	23	F	Palermo
146	260	Ray Sampson	1:00:02.16	19:22	67	M	
147	187	Jarod Sampson	1:00:02.65	19:22	23	M	Lake George NY
148	84	MaryBeth Cloutier	1:00:03.29	19:22	55	F	Auburn
149	85	Robert Cloutier	1:00:03.34	19:22	55	M	Auburn
150	253	Steve Timberlake	1:00:04.53	19:23	69	M	Auburn
151	186	Brady Ryerson	1:00:05.52	19:23	8	M	Poland