Races **for all** Ages   Running **is** Fun

Maine
Trail Running Festival
Columbus Day October 10, 2016

This is the first year of an annual festival to promote and celebrate trail running and cross-country across Maine. There will be events for all ages. Each event is designed for specific age groups. Each race will be for individuals as well as teams. Running groups can have multiple teams with different team names. Teams can have from 5 to 7 runners with the top 5 scoring. The top 10 runners in each event will earn medals. The top scoring team in each event will earn a trophy/plaque. If you would like to add an event or have questions, please contact brian@runninarace.com

The Races

Ages 19 - 99   9:00 a.m. Open 5K   Teams may be mixed gender

Ages 15 - 18   10:00 a.m. Boys 5K   10:45 a.m. - Girls 5K

11:30 a.m. Awards for first 3 events

Ages 13 - 14   12:00 p.m. Boys 2 Mile   12:30 a.m. - Girls 2 Mile

Ages 11 - 12   1:00 p.m. Boys 1 Mile   1:30 p.m. - Girls 1 Mile

Ages 9 - 10   2:00 p.m. Boys 3/4 Mile   2:30 p.m. - Girls 3/4 Mile

Ages 5 - 8   3:00 p.m. Boys 1/2 Mile   3:30 p.m. - Girls 1/2 Mile

4:00 p.m. Awards for last 8 events

Consessions
Food, Snacks, & Drinks available from
10:00 a.m. - 3:00 p.m.

For more information or to register go to:

RunInARace.com

The Location
Hunter Road Recreational Facilities, 86 Hunter Road Freeport, ME 04032

The Fees
1/2 mile, 3/4 mile, 1 mile, 2mile: individuals -$10, Teams up to 7 runners - $50
5K races: individuals - $15, Teams up to 7 runners - $75
Race Day Registration available for Open 5K Only

All Star EMBROIDERY & SCREEN PRINTING
www.allstarscreenprint.com
207-865-4656

T-shirts will be available to purchase from All Star Embroidery and Screen Printing.

Timing & Race Registration Services
Run In A Race . com

This event is proudly sponsored by the Freeport Running Boosters.