

The Presumpscot Family Council Presents

# The 2nd Annual

## Presumpscot School 5K Run/Walk & 1 Mile Family Fun Run

Saturday, May 12, 2018

Back Cove (across from Hannaford)

**Start times:** 1 Mile 8:45am, 5k 9:15am

**\*\*walkers and strollers welcome\*\***

Meet at Back Cove Parking Lot (Across from Hannaford)

Packet Pick-Up: Friday, May 11, 2018 from 3:30-5pm in the school lobby.

Race Day Registration Saturday, May12th from to 7:30am - 8:15am at Back Cove Parking Lot

<p style="text-align: center;"><b>1 Mile</b> Pre-registration \$8 Packet Pick-Up and Race Day Registration \$10</p>	<p style="text-align: center;"><b>5K</b> Pre-Registration \$20 Pre-Registration Family Pack (4 or more) \$17 per runner. Packet Pick-Up and Race Day Registration \$25</p>
<p style="text-align: center;"><b>1 Mile Prizes - Male and Female</b> ~Top overall finisher 12 &amp; under ~Age Group prizes for 1st, 2nd &amp; 3rd 4 &amp; under, 5-6, 7-8, 9-10, 11-12</p>	<p style="text-align: center;"><b>5K Prizes - Male and Female</b> ~Top overall finisher~ Age Group Prizes for 1st, 2nd~ 11 &amp; Under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and above</p>

**T-Shirt guaranteed to all registered by April 29, 2018**

Mail in form below or register online at [www.runinarace.com](http://www.runinarace.com)

Race Director: Marie Grenier Email: [presumpscotschool5k@gmail.com](mailto:presumpscotschool5k@gmail.com)

If race is canceled due to inclement weather there will be no make-up date and no refunds.

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### Presumpscot 5K Run/ Walk & 1 Mile Family Fun Run Registration Form ~ May 12, 2018

Name: \_\_\_\_\_ Age on race day \_\_\_\_\_ M / F Phone: \_\_\_\_\_

City, State: \_\_\_\_\_ Email: \_\_\_\_\_

Event you wish to participate in:	1 Mile	Shirt Size:	Youth S	Adult S
(circle all that apply)	5K	(circle one)	Youth M	Adult M
			Youth L	Adult L
				Adult XL

**Waiver:** I know that running a race is a potentially hazardous activity and I should not enter unless I am medically able. I assume all risk associated with participating in this event and knowingly waive and release the race director, race timer, Presumpscot Elementary School, Run in A Race and all sponsors for all claims or liabilities of any kind arising from my participation. I have read this document and signed it voluntarily with full knowledge of its significance.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent or guardian if under 18)

Mail pre-registration with checks payable to Run In A Race to: PO Box 144 Freeport, ME 04032



