

Run In A Race Back Woods Running Series Week 7
Pownal Road Field, Freeport, Maine Wednesday, June 29, 2016
Timing, Registration, & Finish Line Management by Run In A Race, LLC
question@RunInARace.com 207-232-8394 RunInARace.com

Overall 5K Results Week 7

Position	Bib #	Name	Finish	Pace	Age	City
1	295	Les, Alex	20:24.19	6:35	15	Pownal
2	533	Schiano, Antonio	20:34.46	6:38	28	Pownal
3	99	Francis, Matt	20:45.63	6:42	19	Freeport
4	191	Greear, Matt	21:29.63	6:56	34	Auburn
5	167	Trytek, Tom	21:55.86	7:04	61	Harpswell
6	25	Delaney, Keagan	22:15.98	7:11	15	New Gloucester
7	486	Brogan, Jeremy	22:51.94	7:22	14	Freeport
8	570	Sclar, Zak	22:52.07	7:23	45	Freeport
9	34	Gallagher, Liam	23:05.88	7:27	17	Freeport
10	168	Bonderud, Mark	23:10.17	7:28	57	Monmouth
11	170	Morrison, Kathryn	24:02.56	7:45	46	Freeport
12	186	Morgan, Norman	25:19.62	8:10	47	Lisbon Falls
13	568	Delaney, Rahel	25:25.66	8:12	8	New Gloucester
14	98	Francis, Joshua	25:30.18	8:14	44	Freeport
15	165	MacKinnon, Robert	26:41.57	8:36	62	Yarmouth
16	58	Holland, Bill	27:34.40	8:54	65	Freeport
17	140	Merrill, Dawn	27:39.10	8:55	47	Pownal
18	573	Sokolowski, Mimi	28:59.78	9:21	38	South Freeport
19	565	Delaney, Thomas	29:42.17	9:35	54	New Gloucester
20	569	Delaney, Susan	29:42.24	9:35	43	New Gloucester
21	181	Turcotte, Adam	31:03.49	10:01	29	Lisbon
22	576	Kasten, Jamie	31:06.40	10:02	22	Brunswick
23	161	Tafel, Nadene	31:15.15	10:05	43	Brunswick
24	185	Maxfield, Donovan	33:24.18	10:46	39	Durham
25	184	Maxfield, Barbara	33:26.80	10:47	38	Durham
26	577	Berkemeyer, Holley	33:59.74	10:58	52	Freeport
27	182	Risinger, Kylee	34:49.25	11:14	23	Lisbon
28	179	Arnold, LeeAnn	35:56.21	11:35	45	Brunswick
29	536	Smtih, Renee	36:16.44	11:42	30	Freeport
30	268	Doyle, Caroline	37:45.91	12:11	14	Freeport
31	296	Hayden-Hunt, Edie	37:46.54	12:11	14	Pownal
32	294	Prout, Ashley	39:52.28	12:52	17	Topsham
33	194	Allen, Benita	41:14.21	13:18	56	Topsham
34	187	Chase, Michael	41:14.82	13:18	46	Brunswick